

Music for the book

Ladies Step Dances

devised by

Irene Fidler

played by

Muriel Johnstone

The Newcastle upon Tyne and District Branch of
The Royal Scottish Country Dance Society

1. The Thistle

a. Flow Gently Sweet Afton
(Trad. arr. N. Main)

b. Invercauld Brig (Trad.)

c. Ye Banks and Braes (Trad.)

2. A Sprig o' Heather

a. A Sprig o' Heather (Trad.)

3. Through the Bracken

a. A Salute to Her Majesty (arr. N. Main)

b. Lady of Delgatie (arr. N. Main)

4. The Thistle and the Rose

a. Alexander Hay (arr. N. Main)

b. The Emslie Twins (arr. N. Main)

5. Highland Ladies

a. Oh as I was Kissed Yestreen (Trad.)

b. Robinslaw (Trad.)

6. A Garland of Heather

a. The Dawning of the Day (M. Johnstone)

b. Andrew's Reel (N. Barron)

Every effort has been made to contact the composers of non-traditional tunes to ensure their accuracy and to gain their approval.

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ACKNOWLEDGEMENTS

I wish to express my gratitude:

to the ladies who taught me Ladies' Step Dancing at the RSCDS St. Andrew's Summer School, from whose teaching I derived such great pleasure, the late Isobel Cram and Tiki West; to the pianists who suggested music for the dances and inspired us all in class with their wonderful accompaniment, the late Nan Main and Jean Sim, George McLennan and Muriel Johnstone; to Maureen Todd who worked extremely hard in compiling the books; to Michael Barlow for painstakingly checking and editing the music book; and to the ladies who attended my classes at Summer School and made my teaching years so happy and enjoyable.

Irene Fidler