## MR. JOHN RICE'S GIFT

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## Three Scottish Country Dances

Devised in His Honour
by
Maureen A. Chevens.

John Rice's Gift - No.1. The Reel.

John Rice's Gift - No. 2. The Strathspey.

John Rice's Gift - No. 3. The Medley.

DEDICATION.

TO: MR. JOHN RICE, CONSULTANT ORTHOPAEDIC SURGEON, M.D., FRCS. (ORTH.).

Whose god-Given gift of surgical expertise restored my ability to enjoy once more MY MUCH-LOVED SCOTTISH DANCING.

HE HAS MY ETERNAL GRATITUDE FOR WHAT HE HAS DONE FOR ME AND FOR HIS CONSTANT ENCOURAGEMENT.

I pray that he will continue throughout many years to heal and renew those who NEED HIS BRAIN AND HIS SKILFUL HANDS.

## FOREWORD.

In July, 2014, Mr. John Rice performed an operation on my left knee and literally gave me back my Scottish dancing.

Scottish Dancing has been and still is a lifelong passion for me. I met it with delight at the age of $14 / 15$.

Over the years, however, arthritis, the bane of most P.E. teachers, had steadily worsened until eventually, when dancing, I could only walk in time to the music. It was Mr. John Rice, my orthopaedic consultant, who, having treated me with injections and arthroscopy, told me that my remaining option was a left knee replacement.

With his encouragement, I accepted that it was time for the operation, so, in July 2014, the deed was done

Six months later, at the end of January, 2015, at the Robert Burns's Supper in Cork - an important occasion for all Scottish dancers - I was able to dance through most of the programme .

In appreciation, I decided that I would try to compase three Scottish dances - a Reel, Strathspey and a Medley - in his honour and as a tribute to a very skilled, careful and caring surgeon: three dances, to symbolise (a) God's marvellous gift to him of his surgical skill; (b) his gift to me, enabling me to dance again and (c)my gift to him to thank him in a meaningful and - I hope unusual way.

The figures in the dances symbolise the structure of the knee -e.g. the menisci and the cruciate and other ligaments. The Left Shoulder Reel in the No. 1 dance is to show that it was the left knee that was replaced. In the Strathspey, the leading man shepherds the lady along until she can dance on her own.

Mile Buiochas Duit.

## ACKNOWLEDGEMENTS

My sincere thanks to all my friends, but especially to the following :

MUSIC : To Pat and Peter Clark of Dumfries in Scotland for so generously composing and recording the music for the dances and to George Meikle for his part in it.

FILMING / PRODUCTION: To Daniela Mueller and Patrick O'Hara.

PARTICIPATING DANCERS: Hazel Convery, Pascal Faurie, John Gibson, Tony Graham, Ruth Hughes, Helen McGinley, Meadhbh McEvoy, Daniela Mueller, Patrick O’Hara, Mary Tan, Patricia Chevens, Maureen Chevens and our kind reserve, Pam Campbell.

FINALLY: My deepest appreciation to everyone: to my dancing friends from Cork, Dublin and the UK., .-- thank you for trying out the dances for me. Special thanks to Hazel and Liam Convery, to Helen McGinley, to my sister, Patricia and to my friend, Maureen O'Reilly, for their constant support and encouragement and their very practical help at all times.

## " JOHN RICE'S GIFT No 1: THE REEL"

For 3 couples in a 4-couple longwise set. $8 \times 40$ bars. Music : Paddy Chevens'Reel (Pat Clark), Sparkenhoe Circle ( George Meikle), Ian Jamieson, Mrs Mary Printy (Pat Clark). Dev:Maureen Chevens

## BARS

1-4 $\quad 1^{\text {st }}$ and $2^{\text {nd }}$ couples join hands on the sidelines and set; cross over with partners, giving right hds
5-8 $\quad 1^{\text {st }}$ and $2^{\text {nd }}$ cpls join hds on sidelines and set; turn ptnr with right hds into Allemande hold.
9-16 $1^{\text {st }}$ and $2^{\text {nd }}$ cpls dance Allemande. 2 s end in $1^{\text {st }}$ place; $1 s$ end back to back facing own sides, in Double Triangles position.

17-24 1s dance Double Triangles with $2 s$ and $3 s$, ending on own sides in $2^{\text {nd }}$ place.
25-32 From the sidelines, 1 s turn their $1^{\text {st }}$ corners by Rt hand (2 bars), pass each other Rt shoulder(2), turn $2^{\text {nd }}$ corners Rt hd, and "help" each other with LEFT hand (2) to face $1^{\text {st }}$ corners again for 33 - 40 Reel of 3 ( 6 bars) on the sides with the corners, giving left shoulder to $1^{\text {st }}$ corner to start, and crossing to $2^{\text {nd }}$ place on own sides on the last 2 bars.

Repeat again from $2^{\text {nd }}$ place, and until all have danced as above.

Paddy Chevens' Reel

Reel $8 \times 40$ bars (AABAB)
A


B


For the dance: 'John Rice's Gift -1' by Maureen Chevens

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" JOHN RICE'S GIFT No.2: THE STRATHSPEY "
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For 3 couples in a longwise 4 cpl set. $8 \times 32$ bars. Music: Maureen Chevens, Miss Anne Hughes, Peter John Clark, John Stephen of Chance Inn, all by Pat Clark.

BARS

1-8 1 s and 2 s dance The Knot. 2 s end at the top, while 1 s end facing $3 \mathrm{~L}, 1 \mathrm{M}$ guiding 1 L into position in the last two steps as he dances behind her.

9-12 1 s in tandem, ( passing Rsh with 3L to begin ), dance a diagonal $1 / 2$ reel of 3 with 3 L and 2 M , and face 2 L for

13-16 1 s diagonal $1 / 2$ reel of 3 ( $R$ sh to $2 L$ to begin ), with $2 L$ and $3 M$, and face $3 L$ again ( now in position of $1 L^{\prime}$ s $1^{\text {st }}$ corner).

17-20 1s diagonal $1 / 2$ reel of 3 ( $R$ sh to $3 L$ to begin ) with $3 L$ and $2 M .1 M$ follows 1 L on bars $17 / 18$, and on bars $19 / 20$, dances into $2^{\text {nd }}$ place on his own side, while 1 L dances on to face 2 L again ( now in posn of 1 L 's $2^{\text {nd }}$ corner ).

21-24 1 L ( $R$ sh to 2 L to begin ), dances the final diagonal $1 / 2$ reel of 3 with 2 L and 3 M , curling round Into $2^{\text {nd }}$ place, own side, to finish. (All are now back on own sides, in order 2,1,3 and 4).

25-32 2s, 1s and 3s dance six hands round and back. Repeat the dance from $2^{\text {nd }}$ place and until all have danced.

NQTE: THE STRATHSPEY.
The strathspey rhythm, which emerged in Scotland about the middle of the $18^{\text {th }}$ century, is probably Scotland's most notable contribution to the tradition of country dancing. With its characteristic " dotted" rhythm, the Strathspey was and is uniquely Scottish.

Maureen Chevens

Strathspey $8 \times 32$ (ABC)


B


For the dance: 'John Rice's Gifft-2'
by Maureen Chevens
"JOHN RICE'S GIFT No. 3: THE MEDLEY"

For 4 couples in a Square Set $2 \times(32$ Strathspey +32 Reel ) bars.

Music by Pat Clark :- Strathspey: Strickeen House. Reel: On the move again.

BARS : A) STRATHSPEY
1-6 $1^{\text {st }}$ Lady, followed by her partner, casts off round $1^{\text {st }}$ Man's place, dances in front of $1^{\text {st }}$ place, passes $4^{\text {th }}$ Man by left shoulder to dance behind $4^{\text {th }}$ couple, partner still following, and into centre of set to finish facing $4^{\text {th }} \mathrm{cpl}$. ( 1 L still on Rt of 1 M ).

AT THE SAME TIME, 3L, similarly, followed by $3 M$, casts off round 3 M's place, dances in front of $3^{\text {rd }}$ place, passes 2 M by left shoulder to dance behind $2^{\text {nd }} \mathrm{cpl}$ and into centre of set to finish facing $2^{\text {nd }} \mathrm{cpl}$. ( 3 L still on Rt of 3 M ).

7-8 Taking nearer hands with partner, 1 s and 4 s set to each other, 3 s and 2 s likewise.
9-16 Giving Rt shoulder, all dance parallel reels of four across the set, ending in the two lines of four again.

17-24 While $1^{\text {st }} \mathrm{cpl}$ dance a full figure of eight round $4^{\text {th }} \mathrm{cpl}$., 3 s do the same round the 2s. All finish in the lines of four again.

25-26 Taking nearer hands with partner, all set to person facing.
27-29 $1^{\text {st }}$ and $3^{\text {rd }} \mathrm{cpl}$ dancers each pass the person facing by the Rt shoulder, and $1^{\text {st }}$ and $3^{\text {rd }}$ Men follow their partners back to own places, finishing by

30-32 turning with Rt hd into original places. All clap twice on the last 2 beats of bar 32 .

## " JOHN RICE'S GIFT No. 3: THE MEDLEY " ( continued)

BARS: B) REEL
1-8 All dance eight hands round and back.
9-16 All four ladies cast off round their partners into the centre of the set and dance left hands across once round, finishing back to back in the centre, each facing her own partner.

17-28 ( 12 BARS) All eight dancers dance a Double Interlocking Reel of Four (1s and 3s up and down, 2 s and 4 s across the dance). - i.e. :-

17-18 Ladies pass Men Rt shoulder, dancing out while Men dance in.
19-20 Ladies * curve round end of reel and in, while Men dance Left hds across half way round.

21-22 Ladies dance Left hds across half way round while Men dance out.
23-24 Ladies pass Men Rt sh., dancing out while Men dance in.
25-26 Ladies dance in while Men dance Left hds across $1 / 2$ way round.
27-28 Ladies dance Left hds across while Men dance out.
N.B. * - Each " dance out" / "dance in " is a curve, a $1 / 4$ of the reel shape.

All passings are RIGHT shoulder. All $1 / 2$ wheels are LEFT hands.
Everyone ends where they began this figure, but dance on into
29-32 (4 BARS) All four Men turn their partners by the Right hand into Promenade hold and dance anti-clockwise to the next place on, round the set.

Begin again in Strathspey time from the new places.
(At end of $2^{\text {nd }}$ time through, - ie. end of full 64 bars, either dance on to next new places for final bow and curtsey, or turn (Rh) so Ladies end back to back in centre, facing partners, for last bow and curtsey.)

## John Rice's Gift 3

A Medley - -32 bar strathspey +32 bar reel
Strickeen House
Strathspey


## John Rice's Gift 3

A Medley -- 32 bar strathspey +32 bar reel
On the move again
Reel



