



MEMO BOOK

BRITISH MADE

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Netherton
WISHAW
Lanarkshire

WEEK-END COURSES, etc.

TA/1/4

CARLISLE June 18-20, 1965.

FRIDAY EVENING. Social Dancing.

No. 4.

Over the Sea to Skye. Own Tune.

Allemande hold, in Twos. Both begin L.P.C.

Bars

1-4 Walks fwd. 4.

5-8 Cross L., point R., cross R., point L.

9-16 Repeat bars 1-8 backwards, but
at last bar woman turns with back
to p., to face wall. Both hands joined
and extended at shoulder-level.

17-20 Chassé L. and R.

21-24 Woman waltzes 4 to next man,
while man balances.

25-32 Waltz 8 with new partner, and
repeat.

No. 14.

Norwegian Dance 2. Own Tune.

N.B. See pianist previously about tempo
and mood of music.

PRACTISE a) Soft pas de-bouque R., L.,
6 runs fwd.

D). "Shuffles", beg. R., in rhythm
Slow 23, Slow 23, R, L, R, L, R, L.

c) Spring on to L. Ft. to developpe R. Ft.
Fwd. on heel (1 Bar). Repeat R (1 Bar)

6 quick heel points fwd., changing the
feet each time with a spring. (2 Bars).

FORMATION. Ask men to take partners in
sets of 8, but stand in lines facing
men, each with p. on his L. Man at
extreme R. is leader (Take a place with
Alouair).

Teach 8 Bars at a time, by demonstration.
Bar

1 One pas de b., starting R. Ft.

2. Pas de b., starting L. Ft.

3-6 runs forward, in any direction.

1-8 Repeat movements of Bars 1-8, but
with more spring and higher knee
raising (especially boys), and making
the first step with a stomp.

(Later, if good, let leader turn).

9. All hop on L. Ft. to point R. Ft. Fwd. with
a shuffle, the leader turning to face
the line of dancers.

10. Repeat the movement of Bar 10, hopping

on to R. Ft. to change feet.

11-12. Six quick toe-shuffles R., L., R., L., R., L.

13. Spring on to L. foot to developpe R.
foot Fwd. on heel

14. Spring on R., developpe L. on heel

15-16 Six quick heel points fwd., changing
the feet each time with a Spring. *

9-12 All moving C.C. and at the same
time closing in towards centre of own
group, 12 quick runs leaning slightly
forward and lifting heels at back.

13-15 Still moving C.C., but opening out
towards outside of own group, nine
rather heavy, relaxed runs

13-16 Step fwd. and jump ^{with feet together} with plie and
a clap.

Rejoin hands and repeat the dance
as many times as desired.

N.B. * Teach to * in line, moving fwd.
and back at first.

SATURDAY MORNING.

9.15 - 10.30 (1 1/4 hrs.)

TECHNIQUE and Formations

1. Walking.^(a) 3 fwd., 1 back. Very smoothly.

In 3s, arms linked. Tune: 'Teddy Bear Pic'

(b) Promenade Dance. Same tune

In 3s, one man bet. 2 women, facing counter-clockwise. Man takes women's inner hands. WATCH deportment - no "creeping" round.

Bars

1-4 8 walks fwd.

5-8 8 walks bckwd.

9-12 8 walks fwd.

13 Man turns woman under R. arm

14 " " " " L. arm

15-16 Women 4 walks fwd. to next man.

Repeat twice.

Watch deportment; head turning. (10) 9.25

2. LIMBERING.

a) Arms and body: Pistons (strong, direct, sharp) Wheels (smooth, etc). Reverse.

Show good ones? No music.

b) Feet. Heel and Toe tapping in various

directions, R. then L. Get a sharp, staccato movement. If time, add hopping.

Tune: Keel Row. (10) 9.35

3. SKIP-CHANGE. Check standing pos.

a) Step: coach briefly. Then adv. and retire - give points. Any good reel.

b) Keel Row. 3 couple sets. Teach, explaining purpose. One chance

each. 99 More: 53. Own Tune or 32 -

Bar Reel. (15) 9.50

4. SLIP STEP. OMIT - fit in at end, if time

a) Coach in Circles.

(b) Slipping in 3s. N.B. A different 3.

Two outside girls join hands facing each other: man faces c.c. with hands on leading wrists of other two.

Outside girls slip, man str. ch. At signal, man dives under wrists to join next couple. If time, play with odd people in middle.

Tune: Any good jig. (10) 10.0

5. BREAK. Ask if reqd. Words of advice?

(5)

10.5

6. PAS-DE-BASQUE.

a). Step - Coach. Tune: My Love She's But.

(b) Ho-RO-My-Nutbrown Maiden.

In twos, R. hands joined, Facing C.C.

Bars

1-2 Both beg. R. FC., 2 st. Ch. Fwd.

3-4 Man sets R. & L. while woman changes to opp. side.

5-8 Repeat bars 1-4, and finish facing each other.

9-12. Partners set twice.

13-14 Turning by R., travel to R. with 2 pas-de-basques.

15-16 Bow & Curtsy to new p., and join R. hands ready to begin again.

Own Tune (15)

10.20

7. STRATHSPEY TRAVELLING

A) Round Hall. Coach. Any strong Strathspey

B) 'Odd Thoughts'. 3 couples. 99 More: 97.

Teach: ONE chance each. Coach. Allmande

(15) TUNE - ~~Green~~ ^{Highland} Green Roster. 10.35

8. COMMON SCHOTTISCHE.

A) Straight. Coach.

(B) "Scotch Fun".

In 2s, boys inner, facing C.C., girls C.C.,
^{Join R. Hands} about 3 paces apart. gives direction

Bars

1-8 3 Trav. Steps, watching people they meet

4. Turn by R. to face opp. way.

5-8 Repeat, finish facing p.

9-12 Set twice to p.

13-16 Men continue to set, while

ladies dance round behind man to their R., to finish facing him.

Repeat with new partner, but this time at bars 13-16 women set, while men dance round behind woman to right.

Tune: "Green grow Rosties." (15) 10.50

SATURDAY AFTERNOON.

2.45 - 3.45 (1 hr).

SCOTTISH COUNTRY DANCING - General.

N.B. Try to watch time. Stop when time up. MEMORISE dances.

1. Dance. "Edinburgh Vols." Emphasize bars
1-4. F.S. T.1s. T.T.U. (10) 2.55

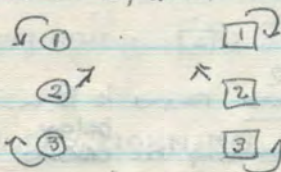
2. Learn. "Ancrum Moor." Tune: Any good
32-Bar Reel. 3 cplrs: chance each.
Bars
1-4 1s, 2s, 3s. adv. & retire. } Check this
5-8 1s, 2s, 3s. 1/2 R & L. } previously

9-16 1s, lead down middle, followed by
2s & 3s, who needn't take hands. At
3rd bar, 1s. Turn, 1st woman crossing to
own side: 2s. pass them on outside
Turn and cross on 4th bar, 3s. on 5th
bar. All then lead up to original
places. (~~Turn 3s round in 4th bar~~)

17-24 1s. set R & L, Turn by R. hand (4),
set again.

25-32. "Inside out" reel on own sides,
1s & 2s, dancing on an extra place.
All use 8 steps: 1s & 3s, endg. Reel by

casting down and up respectively: 2s.
dance in, thus.



3. Dance "Carriekfergus." Tune: ^{Roaring} ~~Brisk~~
^{Jolly} ~~the~~ ~~Bar~~ ~~wife~~ Kerris Cal. p. 19. F.S. 1s & 3s.
Then 2s and 4s. A.P. if time
Bars

1-4. 1st. woman casts off round 2nd.
woman, while 1st. man dancer down
middle (2 bars): join inner hands and
both lead up to orig. places.

5-8 Repeat, 1st. man casting, 1st. woman
dancing down middle, and lead up to
face 2nd. woman.

9-12
3 hands ^{1/2 trinc} ~~under~~ round to left with
second woman, finishing thus:



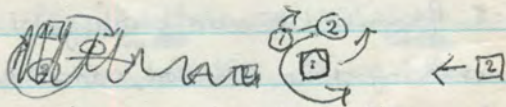
13-16
3 hands ^(4 slips) ~~once~~ round to R, ~~set~~ at
15 15
bars, 2nd. woman dances under
1st. couple hand to places, while 1s.

→ 2 sk. ch.
dance up to face 2nd. man, thus:-



17-20: 15. 3 hands ^{1/2} round to R. h. below with 2nd. man, ending as above

21-24: 15. 3 hands once round to R., with 2nd. man, but at last, bars 2nd man dances under 1st. couples hands to meet p. for poussette (partner takes a step in to meet him), while 1st. cple turn each other to the top ready for poussette, thus



N.B. Dance this in slow time first.

25-32 Poussette.

Remind them ~~the~~ circles ^{to L} go ^{1/2} times round, all others once round. (10) 3.20

4. Learn. "Green Grow Rashers." (Blk. XII)

3 cpls. Chance each. (15) 3.35

5. Dance. "Long live the Queen." 101: p. 106.

Tune - Nan Main - p. 18. Let them hear tune and ask what it says at beginning. F.S. T.15. T.T.U. (10) 3.45.

SUNDAY MORNING.

11.30-12.45. (1 1/4 hours)

SCOTTISH COUNTRY DANCING - General.

Triple Polka, - ~~Misrahalin~~
N.B. Begin where left off on Saturday.
Stepping up: in, up, up, in. Any ~~day~~ Reel
Keep a time, if pass, but don't rush!

1. Learn "Border Reel." Old Blk. XII. 3 couplet
"Wrong side of board!"
Chance each. (15) 11.45

2. Dance. "Lord Hume's Reel." Blk. XVI.
F.S. A.P. T.T.U. ^{YFLOW 10 Bars.}
(10) 11.55.

3. Learn. The Spinning-Wheel. Tune:
Lochleven Castle. Kerr's Col. p. 14.

3 couples. Chance each.

1-8 15. & 25 1/2 R. & L., then R. hands across
once round (Both couples on wrong
side of dance).

9-16 15. & 35 1/2 R. & L., then L. hands across

once round (3s. on wrong side, 1s. on own side.

17-20 1s. cross and curl up to top, 2s. & 3s. move down. (all on wrap side)

21-24 1s., 2s. and 3s. six hands half-round, finishing both hands joined with partner (All on own side, order 3, 2, 1)

25-32 Three couple passette (3s. down two places, 2s. & 1s. up one place).

Rhythm: ~~Reel~~: W. R. G. v. c. v. v. (15) 12.10

4. BREAK. Will dictate any dance requested. (5) 12.15

5. Dance. "Miss Margaret Hill" 99: p. 89. 32-Bar Jig: Tune: Merric Cal. p. 19 "Boozy Carey" F.S. T. 15. A.P. T.T.U. Emphasize mime (10) 12.25

6. Learn. "Caledonian Reel" Bk. 16. 3 couples. Chance each. (15) 12.40

7. Dance "Happy Returns" 99 p. 43. 32 Bar Reel: Gin I wore where Godie Rino. Stand p. 26.

SUNDAY AFTERNOON.

2.15-3.15. P.M. (1hr.)

SOCIAL DANCING.

Tune: Miss Chalmers. Stand No. 5. Triple Polka, p. 34 and other 24 Bar Jigs.

In 3s., 1 man facing 2 girls (man c., girls c.c.)

^{Bars} 1-8 3 hands across and back.

9-16 Reel of 3, man passing between girls, travelling R., to give inside girl R. shoulder. Finish with hands joined as in Double Ds.

17-20 All set R., L., R., L.

21-24. 4 Str. Ch. Fwd. to form another set.

EXTRA.

Triple Waltz. Tune: Any Old-Time Waltz (32 Bars). Cf. Ballet - 3 Grieces.

In 3s. with waist grasp. Facing c.c. (man in middle.

^{Bars} 1-6 Balance obliquely Fwd. and back 3 times

7-8 Step R., close h.

9-16. Rep. all, beg. h. foot, finish hands joined in open line

17-20 Man and outside girl join R. hands and dance round each other. Inside girl balanced alone, somewhat huffily

21-24 Rep. last phrase man and inside girls joining h. hands to waltz.

25-30 Balance fwd. & back 3 times

31-32 Girls run on with 6 small steps.

CR.

JUTLAND TWO-STEP. or $\frac{1}{8}$ Tune: Any two-step.

Bars ^{In 2's, inner no as pines}
1-2 Boy beg. h., girl R., 2 pas-de-basque (Away, together.)

3-4 Sk. ch. fwd. & back

5 Change of step (girl R-h-R, swing hands back, facing p.)

6 Step h., close R., crady back to back with p

(Boy use opp. FC throughout)

7-8 Rep. bars 5-6 with opp. foot, finish facing p.

9-16 8 Polkas round.

YORK. (Leeds Branch). 22nd-24th April 1966.

Friday Evening. 8.15-10.30.

Social Dancing (Shared with Mr. Hamilton).

1. "Ho-ro, my Nutbrown Maiden." - Own Tune - or 32-bar reel. *
2. "The White Cockade." $\frac{V}{1}$ - 11. *
3. "Quiet and Snug." $\frac{XX}{1}$ - 10.
4. "Lamb Skinner" $\frac{VIV}{1}$ - 12.
5. "Langshaw Lassies. Border Ik. *
6. "New Town of Edinburgh. 99-95. ^{Moneywash.} *

Saturday Morning. 9.15-10.30. (1½ hrs).

Intermediate I

1. Technique A) Check step pos. (cf. stag and moving.
- B) Foot Ex. Walk 8 on toes, 8 on hls. Progress

to 8+8: 4+4: 2+2: T, Hl., Toc, Hl. —

Tune - Any good Jig.

B). Six Ch. In 2s. Coach most obvious faults.

C). Pao. de. Baoué. As above, but, if fairly good, practise turning, etc. (15) 9.30

2. Glasgow Regatta. 32-Bar Jig. *
Flourish of Arms Corn. Rigs

1-4 1st. eple adv. toward each other (2 str. ch.), set to 2nd. man, who set to them with 2 p-de-b.

5-8 1st. man leads his p. round by the right, to face 2nd. lady (2 str. ch) They set to 2nd. lady, who set to them.

9-12. 1st. man turns p. with R. hand, and returns to place.

13-16. 1st. couple turn each other with L. hand, and return to places.

17-24 1st. man leads his p. down middle and up again

25-32. Poussette.

2 eples: chance each, then A.P.T.U.

Coach carefully: let all dance wherever possible (15) 9.45

3. "Duff's House" Gr. 16.

Practise A) Step-up and down.

3 eples. Chance each. Coach handing at corners. A.P.T.U. (15) 10.0

4. "Sandy o'er the Lea" 99-106 *

2 eples. Chance each: then A.P.T.U.

Demonstrate/coach Bars 17-24 carefully.

Coach allemande (15) 10.15

5. "Fight about the Fireside" I-10.

3 eples. Chance each. A.P.T.U.

Coach reels and corner positions carefully.

(15) 10.30

6. Extra. "Cold & Raw." V-12. *

Practise A) Slip Step.

B) Slip with claps.

4 Adv. 1 Retire.

2 eples. Watch phrasing. Chance each.

A.P.T.U.

N.B. Next lesson, go on where left off. —

SATURDAY MORNING 11.0 - 12.30 (1 1/2 hr).

Advanced I

1. Technique, a). Standing Pos.
b). Foot Ex. Toe, heel (to side, as in Irish Sig): he, heel in 2nd (correct pos.). R., then L., Work for rotation of hip-joint & good ankle movement.
Tune - Sig.

a). Str. Ch. In 2s - Coach carefully.
Then 8 turn towards p., 8 turn away.
4 towards, 4 away, 2 towards, 2 away.
Anniversary $\frac{2 \text{ towards} \cdot 2 \text{ away}}{\sqrt{16} - 8}$ Reel. (10)

2. Blea Ribbon 3 eptor. Chance each.
Exercise in phrasing Str. Ch. (15) *

3. Pas-de-Basques. Coach. Then dance turning by R. Mr. H. is doing this (5)

4. Perth Medley, 3 eptor. Chance each. (15) *

5. Lady Sophia Anne Strathspoy. F.S. *
T.I.s. A.P. Coach (15)

6. Miss Dumbreck (8) All practise: cross-springs. Then 2 str. ch first + cross-springs: 2 str. ch. back - cross-springs.

W.B. Fwd with R. Pt: R. in front for 1st Spry.
Back with L. Pt: L. in front for 1st Spry.

b). F.S. T.I.s. A.P. Tune: any

Miss Dumbreck

Part.

1-8: 1st, eptor cast off to bottom of set and lead up to Double Δs, but on wrong side. 2s. step-up.

9-16 1s., 2s. & 3s dance out (2 str. ch), 4 cross-springs: dance in (2 str. ch), 4 cross-springs.

17-24. Reel of 3, R. shoulder to 2nd corner, keeping triangular formation. All dance 8 steps.

25-32. 1s. poussette to foot of set, 2s. 3s. 14s. poussette up one place.

(15).

7. Rosner Abbey - 40 bar Jig.

Bars

1-4 1st, lady and 2nd man turn each other by R. hand with 2 str. ch, half-round. They set.

5-8 They turn each other back to place and set.

9-16 1st. man and 2nd. lady do the same

17-24. 1st. cple down middle and up.
25-32. 1st. and 2nd cple alternate
33-40. 1st. & 2nd. cples. R. & L. across
and back.

F.S. T.15. A.P. T.T.U. (15).

8. The Duke is Welcome III - 9. *

3 cples: chance each.

→ N.B. Dances 2, 4, 6 may req. to be taught
in 3 cple set.

SATURDAY AFTERNOON. 2.30 - 3.45 (1 1/2 hr).

Intermediate II

1. Technique. A) Fool-circling - Tune - Waltz.

B). Strathspey Travelling - in pairs.

C). Strathspey Setting. - Coach carefully.

(15)

2. "Lady Sophia Anne" (48 Bar Strathspey): *

F.S. T.15. A.P. T.T.U. (15)

3. "Duchess of Buccleuch's Favourite" (48 Bar): *

Practice adv. & retire first.

F.S. T.15. A.P. T.T.U. (15)

4. "Scott Bannet" X - 9. *

F.S. T.15. - carefully. A.P. T.T.U. (15)

5. "Inch of Perth" XI - 4.

F.S. T.15. A.P. T.T.U. carefully. (15)

6. "Miss Clemy Stewart" IX - 1. *

3 cples. Chance each. Explain
about variations in Bars 1-8. Let
them try it each way. (15)

7. "The Edinburgh Jigs" 79-86

Watch the difference in phrasing
between 1st. man (Bars 1-8), and
1st. woman (Bars 9-10) part. An
exercise in phrasing. (15)

F.S. T.15. A.P. T.T.U. (15)

Sunday Morning. 9.30 - 10.30 (1 hr).

ADVANCED II

1. Technique

A). Reel Step: Brush, brush, balance
and point, balance and change,
balance and point.

B). Slips and Cross Springs for Miss
Hurray. (10)

- "The Kinn" :- Reel: 64 Bars = Inset, X
2. Miss Murray of Debertyre, X¹²
 F.S. T. 15. Change each. (15)
3. Glasgow to Ayr: Tell origin. Jig. X^{32-Bar.}
 F.S. 15. 15s. Change each; then A.P.T.T.U. (15)
4. Tibby Fowler of the Glen, VII - 11 X⁸
 F.S. Practice bars 1-8 in set of 2
 couples. Then T. 15. A.P.T.T.U. (15)
5. Highland Laddie, IV - 9 X⁸
 F.S. T. 15. A.P.T.T.U. (15)
6. Old Fightsome, Explain (carefully) X⁸

32 Bar Strathspey: 32 Bar Reel.

Strathspey.

- Bars
 1-8 Grand Chain
- 9-16. 8 hands round and back.
- 17-24. Sides divide (i.e. cplrs 2 & 4).
 4 hands round and back with
 cplrs 1 & 3.
- 25-32. 4 hands across and back with
 same couples, revolving into 2 lines,
 with top and bottom couples divided.

Reel
Bars.

- 1-8. All cross over, giving R. hand,
 cross back, giving L. hand.
- 9-16 Reel of 4 on sides, finishing
 in square, as at beginning.
- 17-24. All 4 couples poussette right
 round.
 Progress (diagonally), half-turn
 4 times.
- 25-32. Promenade right round.

Sunday Morning, 11.0 - 12.30 (1 1/2 hrs).

Intermediate III

- Tune - 32 Bar reel.
- A). Technique. Leads Polka - explain.
 2 cplrs, A & B, one 4 paces behind
 the other, inner hands joined.
- Bars
 1-4. All 4 str. cb. fwd.
- 5-6 A's cast off. B's. dance fwd.
- 7-8 B's. cast off A's. dance fwd.
- Finish facing p.

9-12. All set twice to p.

13-16. 4 hands once round.

~~14-18. The 2 men, ¹ 2 girls, giving R. hands, turn once round and retain~~

~~hands~~

~~19-20~~

~~25-28. All L. hand to p. and turn once round.~~

17-18. R. hand to p. and turn once round.

19-20. L. hand to other man (or woman) and once round.

21-24. Repeat bars 17-20

25-28. 4 Str. Ch. Pwd. at beginning.

29-32. ~~A's~~ A's. cast off, to become A's.

for next B's, and B's. dance on. (2 Bars)
B. & C. to new vic-a-vic pte. (15)

2. Grieg's Pipes. B II - 8. F.S. T.15. A.P.T.T.U.

Tell story. (15) X

3. Happy Returns. 99-43.

Show me good Grav. step here - CF
ruction. F.S. T.15. A.P.T.T.U. (15)

*
4. The Kinn. (explain). 64 Bar.
for one repetition. F.S. T.15. chance
each. (15).

5. Lady Charlotte Bruce. 99-63. - 32- Bar.
Strathspey.

Practice adv. & retire (1 Fwd., 1 back, twice).
F.S. T.15. A.P.T.T.U. (15).

6. Could Nail. IX - 11. X.

Explain "Healey". F.S. T.15. A.P.T.T.U. or

3-opter. chance each, acc. to ability
(15).

SUNDAY AFTERNOON.

Social Dancing, 2.30 - 3.30.

(1 hr, but 1/3rd = 20 mins).
Lead as Pika.

1. Bonnie Dundee (16 Bar jig).

2. The Kinn.

3. Over the Sea to Skye. (32 Bar. waltz
(Scottish jig).

La Russe: Ho-RO; Monogram

NOTES.

- A) Consult D. Briggs, A. Hinchcliffe and/or B. Hamilton about method of taking Social Dancing.
- B) Teach A.F.E. i.e. give name, story, listen to tune purposively, practice diff. formations and steps as in dance (esp. for Inter.), watch handling, phrasing, and misinterpretations.
- C) Continue each lesson, where previous one left off, but give preference to astorisked dancer, where necessary.

ADVANCED. Sunday 9.30-11.0 (1 1/2 hrs).

N.B. Contribute to change p's

1. Reel Step. A) Brush, brush, balance and point, balance and change, balance and point. - cf. Mr. Reid, and Miss Milligan.
2. The Kinn. F.S. T.15, A.P. T.T.U. (15)
3. Old Eightsome. F.S. Teach. Then once through (15)

4. BREAK. Change partners and sets - explain.

5. The Duke is Welcome. ⁴¹⁻⁹ 3 eples. Change each. _{N.P. Ex. in not held on too long.} (15)

6. Highland Laddie. ^{IV-9} 3 eples. Change each. (15)

7. Break?

8. Glasgow to Ayr. ^{"Turn in Mr. Shea"} F.S. Explain:

T.15. 13s. Change each. A.P., if time (15)

9. Tibby Fowler. VIII-~~7~~11. F.S. Practice Bars 1-8 in sets of 2 eples. Then

T.15. A.P. T.T.U. (15)

10. Miss Dumbreck.

INTERMEDIATE. E. 11.30-12.30

1. Reel Steps. A) Pas-de-b. 1 coypc.
B) Toe, off, beh., side in front.
2. Eightsome Reel. Teach: 1st, 2 ladies in; 1st, 2 men. Then dance end bit right through.
Borrow from other classes?

3. Inch of Perth. \bar{x} - 4 F.S. T.15. A.P.T.T.U. (15)
4. Break. Talk on manners and Dances?
cf. Society's aims.
5. Scott Bonnet. \bar{x} - 6 Practice Bar.
17-32. in 2s, Then T.15. A.P.T.T.U. (15)
6. The Kinn. Teach. A.P.T.T.U. (15)

St. Abb's. 20-22nd May 1966.

Saturday Morning 11.20-12.35 A.M.

Group A.

See pianist first. Form 4 cple sets.

1. Technique, etc. Greeting ^N Stdg. pos.
- 2) Face up, hands joined with p., feet in 1st. pos. Hts raise (1), lower (2): 3 bounces. (192). - 2 bars. Rep. ^{R L R} twice (4 bars). Post. (2 bars). Tune - Petronella ^{T.U. (2 for 1st)}
- 3) Skip-change with p., turning 4 with the right hand, 4 with the left. Emphasize cross-over (at Bar 2).
- 4) Pas-de-basque advancing and retiring

(10) 11.30

- 1st. woman leads on to 2nd. man with 3, have 1st. man back on to 3rd. woman with 4. hand, on the time. They release R. hands each time.
101-78
2. Glasgow Regatta. F.S. 15. 1 35. T.T.U.
Watch formations, etc. and work to improve performance. (10) 11.40
 3. Duke is Welcome. 3 couples. T.15.
Then one chance each. Work for smooth flow from circle to circle (M) M50
* In places, practise step-up and down. (10) 11.50
 4. 'Cold and Raw'. \bar{v} -12 Ask to change p's. and sets. 4 couples. Practise
A) Slip-step. B) Slip with claps.
C) Back to back.
15.9 35. T.T.U. (10) 12.0
 5. 'Menzies Rand'. \bar{v} -6 4 couples. T.15. Then ^{N 35} one chance each. (10) 12.10
^{Fix-7} Ask to change set and partment.
 6. The Widows. F.S. T.15 A.P.T.T.U. 12.20
 7. The Spinning-Wheel. ^{This Book} 3 cples. T.15.
Then one chance each. (10) 12.30
- N.B. Cut short easy dances, to spend longer on difficult.
If 'Widow' not begun by 12.10, take 'Spinning-Wheel' instead.

Saturday Afternoon. 2.15 - 3.30 P.M.

Group B.

1. Technique, etc. Greeting. Teach variation of "Leeds Polka" (explain idea). ^{This Book} (10) 2.25
2. "Dainty Davie". F.S. All practise "clap, cross and cross" and "off-beat" step-up. T.Is. A.P. T.T.U. ^{R. Has BOTH Times.} (10) 2.35
3. "Priest and His Books". 3 couples. T.Is., then one chance each. (10) 2.45
4. "British Grenadiers". Ask to take new partners and set. F.S. Is. ~~Is.~~? T.T.U. ¹⁰¹⁻⁴⁰ (10) 2.55
5. Miss Floyden: 3 ~~times~~. Practise claps first. ~~F.S.~~ Then all one chance each. ¹⁻⁴ (10) 3.5
6. "The Nut". Ask to take new p. and new set. F.S. Is. 1 3s. A.P. T.T.U. (10) 3.15
7. "Greensleeves". ^{leaflet} Practice Sk. Ch. and pas. in slow time. 3 cples T.Is. Then all one chance each. N.B. IF

"Nut" not started by 3.5, go on to "Greensleeves"

York (Leeds Branch) 7-9 April 1967

Saturday Morning. 9.30-11.0 1 1/2 hrs.

Advanced 1

1. Prep. Greeting. Explain idea: dances chiefly offic., but several new. Quotation (on S.C.D.!) welcome. N.B. Continue each session where previous left off. Watch time! Start promptly. See Mrs. Hill first. - have music list? (5)
2. Technique. A) Standing pos. B) Stand anywhere, with p. for support, if liked. Swing outside leg back across inside (1); fwd. (2) back straight (3) fwd. (4). Cont., then change hands & rep. opp. leg. (5)
3. Steps. A) In 2s. Sk. Ch. round room. Co. Co. B) Pav. Standing, then turning; then veering in 2s. (10)
4. New Heights Lodge. F.S. T.Is. A.P. T.T.U. ^{Kalga Races. 99: 63 All practice back to back} Co. Co. (10)

6. Slip-Step. Str. Ch. anywhere, alone, at signal circle of 6. Coach all points. (5)

6. Falkland Beauty IV. 11. Ask to find new p. 3 cple sets, T.13. Chance each (15)
Let all practice wicky bibs, e.g. Part 13-16

* N.B. REST HERE? - Ask

7. Strathspey A). Trav., 2s round hl. Co.ca. B). Setting: Facing Fwd., turning. Co.ca. (10)
Hoc's New p

8. Duncan MacLays F.S. T.13. A.P.T.T.U. (15)

9. Cross of St. Andrew. Adjust partners. 3-3 cple. Tell origin. T.13. Chance each. (15)

10. Cold and Raw V-12. Ask to take new p. F.S. All practice back to back (give points) and clap, with 4 hands round. Then 1s. 1 3s. Chance each. A.P.T.T.U. (10)

11. Duke is Welcome IX-9. Adjust partners. 3 couple sets. Chance each. Work for smoothness. (15)

Advanced II 11.30-12.30 (1hr).

1. Technique. A) Slipping in 3's. 2 girls hands joined slip c.e., man w. hands on girl's wrists, sk. ch (6 Bars). Girls stand, man 2 sk. ch. to next girls - get to know

them. Change round after a few reps. (10)
2. Where left off or 'Lara MacLays Reel'. Who know it? F.S. T.13. Chance each. (10)
Practice Part + couple First. Part + couple First.

3. Bob Sanders XVII-9. 3 cples. Chance each Co. ca. (15)

4. Shepherds Crook X-6. Adjust p's. 3 cples. All practice 1st. cple part, then 2nd 1 3rd. Put it tag. Chance each. (10)

5. My Dance. (explain). F.S. T.13. T.T.U. (15).
Advanced III 2.30-3.45. (1/4 hr).

1. Technique. A) Clap 1, 2: 1 2 3. Then R. hl raise (1) lower (2): 3 beats, back on floor (1 2 3). Rep. L., then both. Petronella fairly slowly. (5)

2. Where left off or "Devil's Delight". (11ss) 4 8 Bar dig. F.S. T.13. A.P. T.T.U. - note progression. (15)

3. Jimp Waist IX-2. Re-arrange partners. All practice turns: then cross and turn. 3 cple sets. T.13. Chance each. (15)

4. Cousin Jim Fitchet P. F.S. T.13. A.P. T.T.U. (10)
REST HERE?

5. Barger Reel XII-4. Take new p. 3 cples. Chance each. (15)

6. Achnacloich, (Explain). F.S. T.15. A.P. (10).

SUNDAY MORNING, 9.30-11.0 (1½ hrs.)

INTERMEDIATE I

1. Prep. Find out previously if Miss Fidler has done any of my dances. START PROMPTLY. Greeting; explain idea.

(5)

2. Barley Bree Vic-4. F.S. T.15. A.P. (with B. & C.) Co. Co. (10)

3. My Love She's Bat, ^{IX:3} Round hall.

Teach: dance 3 times through. (10)

4. Castle Grant, (Mac. 5). Ask to take a new partner. F.S. T.15. A.P.

Watch phrasing, handing, etc. (15)

5. Lady Cath. Bruce, ^{Bonnie Anne?} Gr. 7 Adjust partners. F.S. 15. & 35. A.P. T.T.U. (10)

REST HERE?

6. Cross of St. Andrew, ^{Lora Molyneux? Reel.} (explain). 3 couples.

Chance each. (15)

7. Scottish Rumble, ^{VI-7} Adjust p's. F.S. T.15. A.P. T.T.U. (10).

INTERMEDIATE II 11.30-12.30 (1 hr.)

1. WHERE LEFT OFF or ^{Mosaic want St. 7} ~~Mountain Springs~~
10. (Mac. 10). F.S. T.15. A.P. (Watch phrasing) (10)
2. Royal Visit. 99:108. F.S. 15. & 35. A.P.

T.T.U. (15)

3. Duncan Mackay, Mac. 5. F.S. T.15. A.P.

T.T.U. (15)

4. The Piper, Mac. 22. (Tunc - 'Campbell's are Comin'). F.S. T.15. A.P. (15)

5. Triple Polka, (This book) 24 Bar Jig. Teach. Dance 3 times.

Social Dancing. 2.30-3.30. (1 hr.)

1. My Love She's Bat, IX. 4. Remind. Dance 4 times.

2. Maxwell's Reel (XVIII-10) or Req. (Int.).

3. Duncan Mackay (Mac. 5) or Dalkeith's Strathspey. (IX-6)

4. Triple Polka.

5. Cross of St. Andrew or Req (Adv.) ^{Lora Molyneux? Reel.}

6. Jimmy's Fancy (XIV. 11) or Lea-Rig (XXI-5).

N.B. Omic any taken by Bill H. or on Sat. dance Programme.

Social Dances

My Love IX 4

Maxwell's Bow XVIII 10

Duncan Mackay Mac 5

Triple Polka

Lord MacLay's Reel

Jimmy's Fancy XIV - 11

Earl of Home XII - 11

Waltz. C. D.

Home Alley

hair of Love

Lady has her hair

tried to get you

Miss Cecilia Carey

My Mother's Son

Goa Water

Thompson's Jig

Turn Reel

