

A  
21/2/21

Willowbank  
17 Forth Crescent Stirling.  
15-2-21.

Dear Mrs Stewart,

your letter was duly received.

As you are a conductor of the Girl guides at Ayr.

I have much pleasure in giving you the information you desired. I am glad you are so keen in keeping up the fine old contra, or country dances. The word "Contra" is French, meaning that the ladies stand in one long line, while gentlemen stand in one long line opposite their partner. You will find over 50 of these fine old Scottish country dances explained in Allans Ballroom Guide, price 9<sup>sh</sup>.

In the meaning of the old French word "Pousette," the two couples at the top of the dance change round after each other in the way of a two-step waltz.

In pousetting, eight bars of the music is required in making four waltz turns. Count the step-rhythms, 1 & 2, in a bar.

I am glad you saw a copy of my illustrated Guide to the National dances of Scotland. Over 500 of these have been sold out. I am writing a larger revised Edition. It will be ready for sale as soon as possible.

I have inclosed a present to you of my Highlands Fling chart. and Waltz Chart. Should you require a few of these useful dance charts for your Girl Guides, you can have copies at 9<sup>sh</sup> each.

Yours  
Faithfully,  
Donald R. Mackenzie.